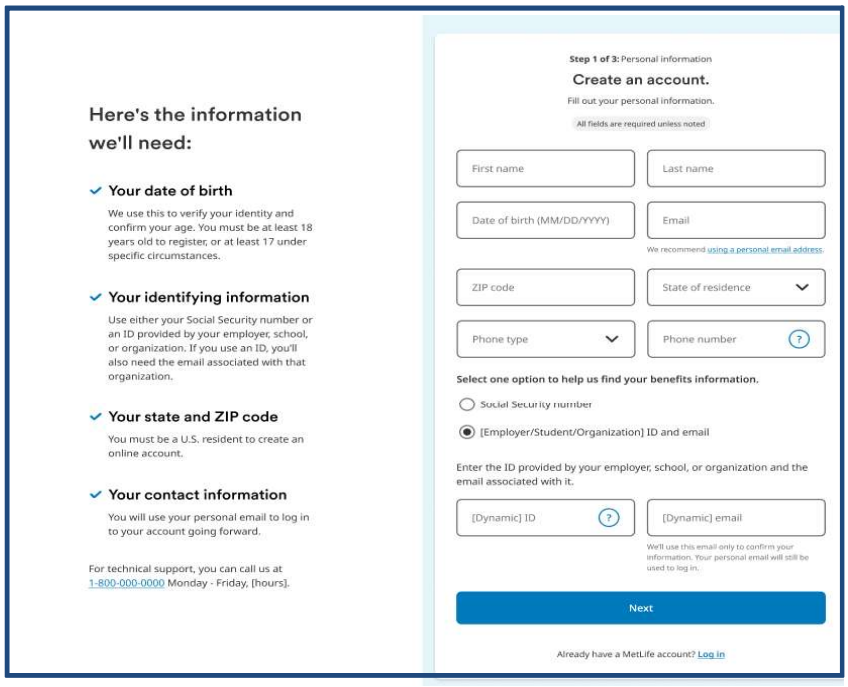
A Step-by-step Guide to MyBenefits Registration

Getting started with MyBenefits is quick and straightforward. In just three easy steps, you'll provide key information about you, confirm your identity, and create your account.

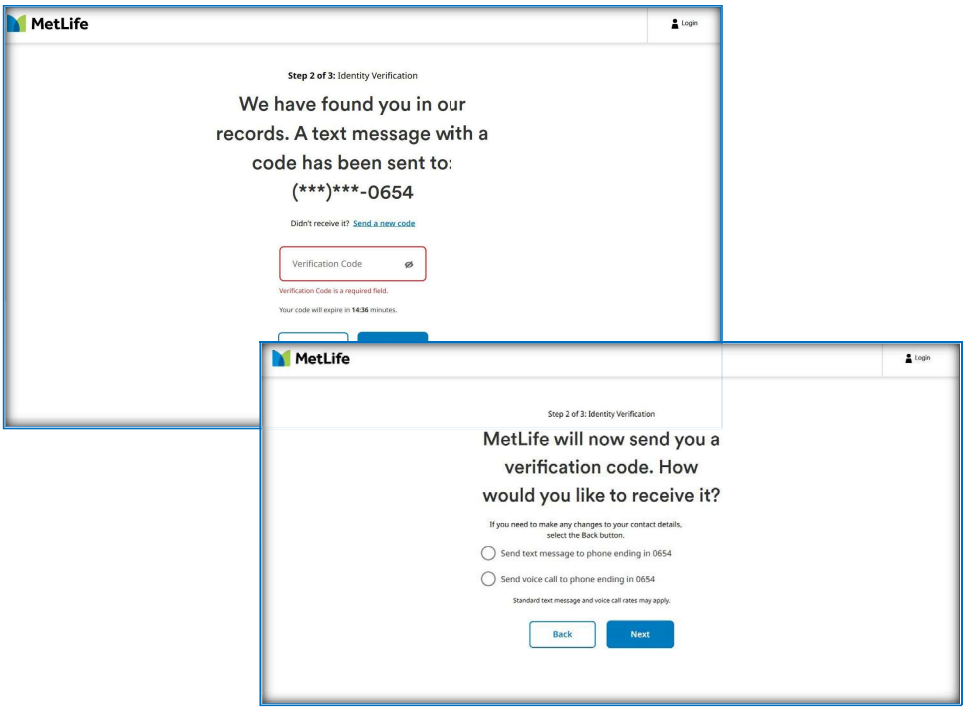
Step 1 of 3: Create an Account



Enter your name, date of birth, and address. Your email address will be used as your login username going forward.

The system will prompt you to pick one form of identification—either your SSN or an ID issued by your employer, school, or organization—and optionally to supply the email address tied to that ID's organization. Select **Next** to continue.

Step 2 of 3 — Verify Your Identity



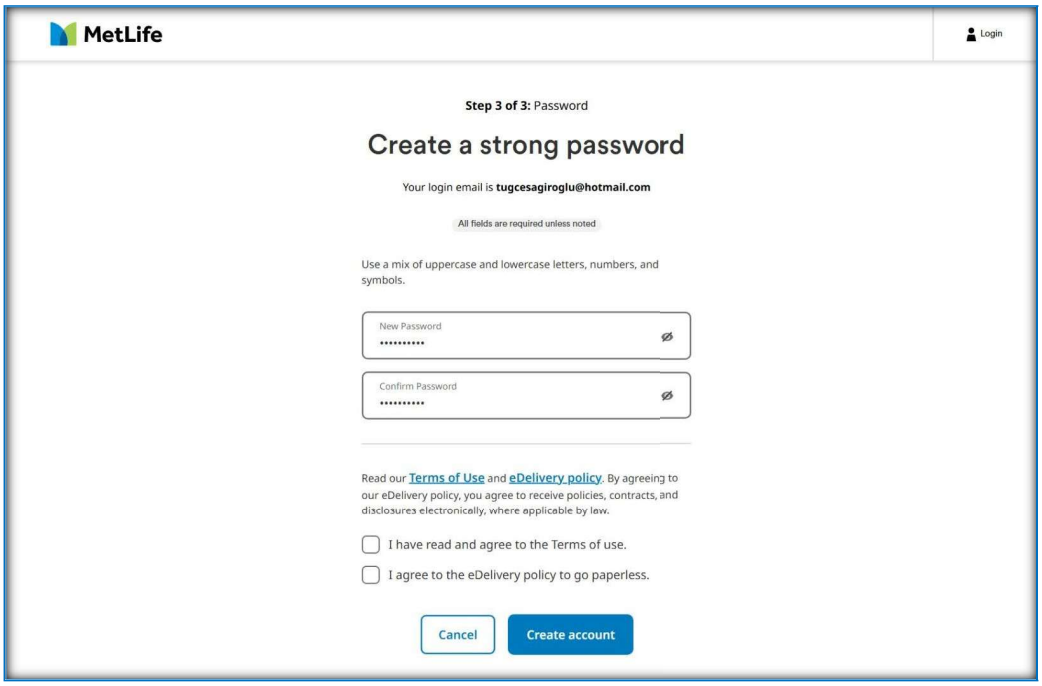
MetLife will verify your identity to help keep your information secure. Select how you'd like to receive a one-time verification code, text message or voice call, that will be sent to the phone number shown on screen.

Once you receive the code, enter it and select Next. Verification codes expire after 15 minutes, but you can easily request a new one if needed.

MetLife

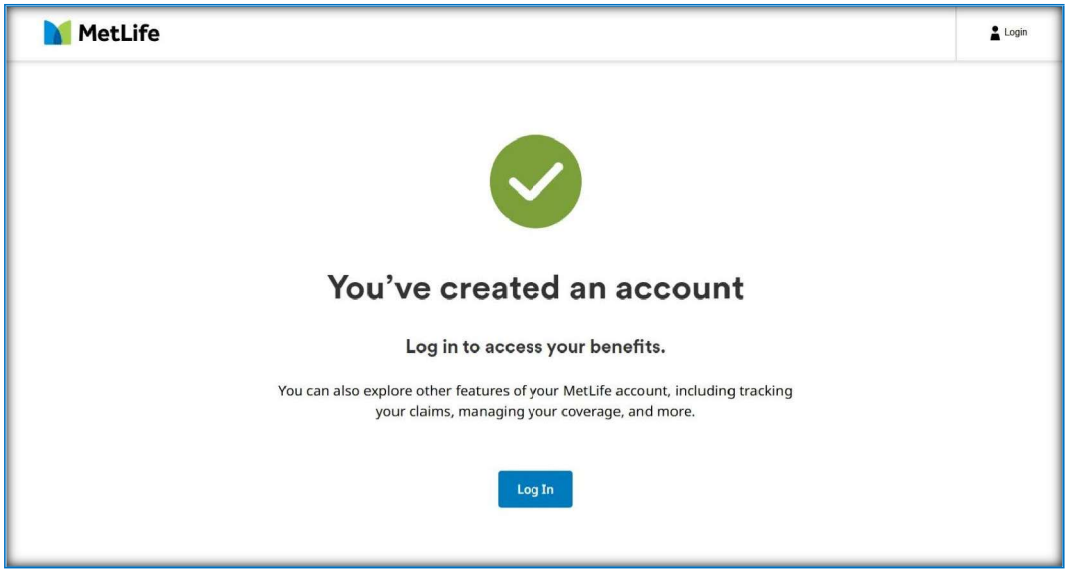
A Step-by-step Guide to MyBenefits Registration

Step 3 of 3: Create a Password



Once we have confirmed your identity, you will need to create your password. Your email address will be your login ID (It is highly recommended to use a personal email address), and you'll create a strong password using a mix of letters, numbers, and symbols. Review and accept the Terms of Use and eDelivery policy to opt into paperless communications. When finished, select **Create Account**.

You're all set!



Once your account is created, you'll see a confirmation message. You can log in via **the blue button**.